

SOLDIER and CRAFTSMAN

THE LIGHTNING FLASH

February 2019

94

The RAEME Association (Victoria) Inc.

Incorporation Reg No. A 0022655Z

ABN: 96 873 522 994

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2018 RAEME Birthday Dinner.

The event was well attended with the awards also being given out for the RAEME Craftsman of the Year.

Winner for Victoria for 2018 was awarded to CFN Anthony Heafield, VIC/TAS CFN of the year, ARes. Anthony is receiving his award from President of the VIC RAEME Association, Allan Hawkins. Well Done Anthony!

PRESIDENT'S REPORT February 2019

Sandy and I trust that you all had a pleasant and relaxing Christmas and that you are looking forward to a happy and healthy 2019.

The Association celebrated the CORP's birthday in fine style yet again. Thank you to those committee members that worked tirelessly to ensure a great evening was had by all. Guest for the evening was LTCOL DSW Snipe CSC Commanding Officer 4 CSSB who enlightened us with a brief talk on PETOPS. He was followed by MAJ Bart Kohler Officer Commanding 105 Workshop Coy who gave an interesting talk on various items, such as Modernization, Preparedness and the Training burden; however, technology foiled the planned presentation and brought new meaning to the phrase *"For the want of a nail"*.

Since the last issue of the FLASH, 105 Workshop Company scooped the pools in the 2018 Craftsman of the Year, taking out the GRES Southern Region and the ARA Southern Region COTY Awards.

On the evening of our CORP Birthday Dinner, together with LTCOL Snipe I was fortunate to present one of my Craftsman with the CORP Craftsman of the Year (ARMY Reserve) and the Association's perpetual trophy, being CFN Anthony Heafield from 105 Workshop Coy's Geelong Detachment, (Page 1 Pictured) with WO2 Sean Halley outlining the reasons behind his nomination - Well Done Anthony.

The ARA COTY Award is yet to be presented to the lucky recipient, his/her name will be published in the next edition of the FLASH.

2019 started with a bang (so to speak). As noted in previous issues of the FLASH, YOUR Association, together with Richmond RSL and 105 Workshop Coy are undertaking the restoration of a WW1 Artillery Piece (Krupp Field Gun) captured on during that war. There was a working been undertaken at the Oakleigh Barracks in January with the barrel separated from the trail and axles. Breakdown, although slow, is progressing well with parts now being sent for sand blasting and undercoating.

Our Annual Remembrance Service will be held on Sun 10 Mar 19 at The Shrine of Remembrance - Please mark your diaries.

As with all clubs, gatherings, associations etc, trying to determine what activities could be undertaken for the enjoyment of all is a challenge. If you have any ideas, thoughts, or if you undertook something in the past that was enjoyed, then please contact me and discuss.



SECRETARY'S REPORT

Welcome to 2019

Congratulations to John Phoenix (Seymour Puckapunyal Chapter), who was awarded an OAM for service to veterans and their families in the 2019 Australia Day Honours.

There are many functions planned throughout 2019 and I encourage members to attend as many as you are able to. These events provide a wonderful opportunity to catch up with people who you may not have seen in a while and share a story or two.

Spanner Club Events

Regular Spanner Club events are organised by the Victoria Barracks Chapter. Events during 2018 were a great success. Unfortunately, the owner of the previous venue has moved on. The Victoria Barracks Chapter has secured a new venue for 2019, it is The Vault located at 5/540 Little Collins Street Melbourne. Spanner club events dates are as follows with each event commencing at 1600;

1 March 2019,
12 April 2019,
21 June 2019,
16 August 2019,
11 September 2019, and
22 November 2019.

RAEME Remembrance Service

The annual RAEME Remembrance Service is being conducted at the Shrine of Remembrance St Kilda Road Melbourne on Sunday 10 March 2019 commencing 1200. The service provides us an opportunity to commemorate our mates that are no longer with us. If you wish to attend, please contact Alan Rogers via raeme.assn.vic@bigpond.com.

ANZAC Reunion 2019

The 2019 RAV Reunion is being held at the Clayton RSL on 14 April 19 commencing at 1130.

I look forward to catching up with you at this event.

ANZAC Day 2019

Form up location and step off timings for the march are yet to be released by the RSL, these will be promulgated as soon as they are known.

After the march you are invited to join fellow spanners at The Vault located at 5/540 Little Collins Street Melbourne for refreshments and a game of two up.

RAEME Birthday 2019

Planning for the 2019 RAEME Birthday function is underway. Details will be disseminated later in the year.

Memorabilia and Collectables

I have recently received several enquiries in relation to RAEME collectables and personal memorabilia. Unfortunately, the association does not have a dedicated facility to store and display these items. If you have any questions in relation to the donation on any of these items, please don't hesitate to contact me via our website.

Alex Birrell

Secretary

RAEME Association Victoria



PROGRESS REPORT – WW I Gun Restoration

Great effort and work thus far from our Vice President, Peter Crosby.

Sunday 13 Jan 2019 saw the start of the dismantling process for a WW1 captured gun by 4 BDE.

Thanks to the OC and members of 105 WKSP COY and 22ER for their efforts with the dismantling.

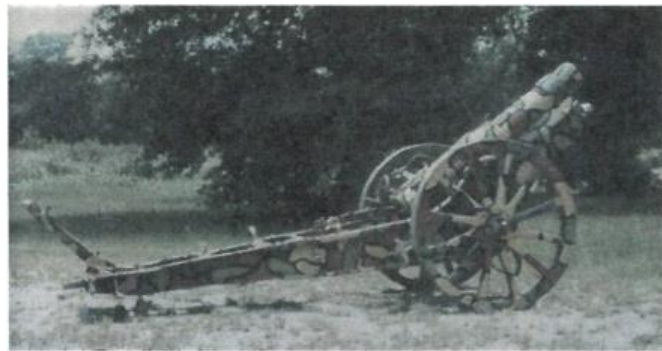
Various parts will now be sent for sand blasting and undercoating while others will be refabricated.

All in all a good days work.

Since then, a letter of correspondence has been received from the Australian War Memorial, with detailed information in relation to colour codes, colour samples and possible disruptive pattern configurations that would help with the restoration process to preserve the historical significance of the gun and to match it to appropriate data for guns captured within that era.



Colour code	Colour
40018	AUST WAR MEMORIAL – DARK TAN (Amiens Gun Salmon) - tint 300(2P 46.5); 450(12); 520(51.25); 560(1P 40.25)
40017	AUST WAR MEMORIAL – TAN (Amiens Gun Yellow) - tint 300(1P 104.25); 450(9.5); 520(15); 560(2P 21)
40019	AUST WAR MEMORIAL – LT BROWN Formula (Amiens Gun Red) - tint 560(1P24.75); 300(1P 24.75); 450(33); 520(1P 67)
30181	AUST WAR MEMORIAL – BEIGE (Amiens Gun Cream) - tint 450(10); 520 (2); 560(104) 1x 5Litre kit (Part A and B 4:1)
20099	AUST WAR MEMORIAL – GREEN (Amiens Gun Green) - tint 300 (1P 15); 370(84); 450 (3); 560(2P 48)
40016	AUST WAR MEMORIAL – DARK brown (Amiens Gun Brown) - tint 560(109); 300(9); 410(1P 83.25); 450(60.5); 530(1P 37.75)
Black	Black



Above Pattern OK (but colour tints do require adjustment)



1. **Harold John BAKER, 3792983**
 2. **John Ferguson, 3012921**
 3. **Alfred John Westland, 3006478**
 4. **Peter West, 3790870**
 5. **Ian Francis Dyson, 3789771**
 6. **Malcom Vivyan Dunn,**
 7. **Bryan John Nicholls, 11th Class AAS**
 8. **Frank James Owen, 4008552**
 9. **Edward John Avery, 3035144**
 10. **Maj Gen, Francis (Frank) Eric Poke.**
- 2 November 2018.**

Editors Notes.

Welcome, and a Happy New Year to all within the association, along with all members and their families.

As the social media coordinator, I would like to see if anyone has attachments to various Facebook sites, such as RSL's Military Assoc. and the like.

Please feel free to use those platforms to "Like" our Facebook page.

This allows me to tag your site for future "Sharing" capabilities, where I can forward a post you may have onto the media pages listed to the right, if the posts are applicable to that medium.

In doing so, it increases the engagement for your site, ours and others linked, whereby we reach a greater audience for awareness and also information sharing & gathering.

Thanks in advance,

Morgan.

Future Publications.....

Having being able to travel regularly for work, I come across some fantastic memorials that celebrate the sacrifices that many men and women gave for us today.



Echuca VICTORIA.

If you are out and about, and spot a great cenotaph, memorial or tribute to those that gave so much, please feel free to send me a photo, and I will add these in on a regular basis. Alternatively, if there are different things you would like to see within the publication, again...please send these through.

webmaster@vic.raeme.org.au

Social Media Pages



- Australian Army Apprentices Association
- RAEME
- Army Apprentices are the cream of Australian Youth
- RAEME MATES
- RAEME Association Victoria
- Appy Motorcyclists
- Richmond RSL.
- Berwick RSL
- Modern Soldier
- National Vietnam Veterans Association.



Instagram

- raemevicasn
- modern_soldier
- australianarmy
- adfaacademy

Upcoming Events

2019

JANUARY

S	M	T	W	T	F	S
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JULY

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NOVEMBER

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AUGUST

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DECEMBER

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29	30	31				

- February 16th. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- March 1st. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- March 10th. RAEME Remembrance Day. Shrine of Remembrance. St Kilda Road. 1200 – 1400HRS
- April 12th. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- April 14th. RAEME Assoc. ANZAC Reunion. Clayton RSL. 1130 – 1500HRS
- April 25th. ANZAC Day March. Melbourne CBD. 1000HRS – Onwards, ANZAC Day March. Form up 0830 for Step off 0915 Collins Street East (south side).
- April 25th. VIC Barracks Chapter. ANZAC Day Function. VAULT CAFÉ & BAR. – 5/540 Lt Collins Street. 1200HRS - Onwards
- May 18th. RAV Association Meeting. Melbourne CBD. TBA 1400 – 1500HRS
- June 21st. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- August 16th. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- August 17th. RAV Association Meeting. Melbourne CBD. TBA 1400 – 1500HRS
- October 11th. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- November 16th. RAV Association Meeting. Clayton RSL. 1300 – 1430HRS
- November 22nd. SPANNER CLUB – VAULT CAFÉ & BAR. 1600HRS – 5/540 Lt Collins Street.
- November 30th. RAEME Birthday Function. TBA

Vietnam Veterans Southern Chapter

President	Dennis Clarke
Vice – President	Graeme Unmack
Secretary	Dennis Meek

RAEME Vietnam Southern Chapter held our AGM at a meeting at Sunshine RSL. Robert Gazzara stood down as Vice President, as he will be travelling overseas for an extended time. He has been a great supporter of all our functions. He also handled all the fund raising over a number of years for Malvern East RSL This RSL initiated the drive for the Poppy Displays. Thank you Robert.

Graeme Unmack, was nominated and has become Vice – President.

Graeme is an ex apprentice and served with 1 Armoured Regiment LAD in Vietnam. The committee remains unchanged.

On a personal note I would like to thank the RAEME Family for all the cards, letters and emails of support.

Another former Vice President and President of RAEME Vietnam, Milton Pearson former 106 Field Workshop CSM Vietnam organized a plaque and ceremony at the NVVAA Museum Phillip Island. Although the 106 Unit Association has been wound up they recently had a luncheon well attended by former members.

Out in the fast developing western suburbs of Melbourne the Aintree _Woodlea Walk of Honour was established and dedicated recently. It was built to honour the ex-servicemen and women past and present, in the local area including Bacchus Marsh,

Burnside, Caroline Springs, Cobblebank, Deer Park, Melton, Rockbank and Sunbury. One of Members, Murray Lewis, along with the Caroline Springs RSL Sub –branch President Alan Marshal, was heavily involved in the planning for this extensive Memorial, made possible by the developer. Murray was also involved in the development of the Caroline Springs Memorial some years previous.

LEST WE FORGET

On a sad note we recently lost local former members in

Alfred John Westland 3006478 106 Field Workshop 29 / 10 / 70 - 25 / 09 / 71

Peter West 3790870 102 Field Workshop 12 / 09 / 67 - 24 / 09 / 68

Ian Francis Dyson 3789771 102 Field Workshop 30 / 06 / 67 - 11 / 06 / 68

Malcolm Vivyan Dunn 102 Field Workshop 17 / 03 / 68 - 06 / 08 / 68

Bryan John Nicholls ALSC & 101 Field Workshop 20 / 10 / 65 - 21 / 10 / 66 - 11th intake Apprentice.

Frank James Owen 4008552 106 Field Workshop 30 / 12 / 68 - 03 / 12 / 69

Edward John Avery 3035144 102 Field Workshop 26 / 11 / 69 - 26 / 11 / 70

102 Field Workshop

“Avondale” 601 Bray’s Road Gannawarra Victoria

4th – 6th October 2019

Noel Lake 03 5456 9246

koonda@active8.net.au

1 Armoured Regiment LAD

Canberra NSW October 25th to 27th

Capital Country Holiday Park

Russ Cunningham. 0437 834089

bungie12@bigpond.net.au

17 Construction Squadron Workshop

Albany Western Australia October 14th to 18th

George Jones - Freedom of the City

1 Field Squadron Workshop

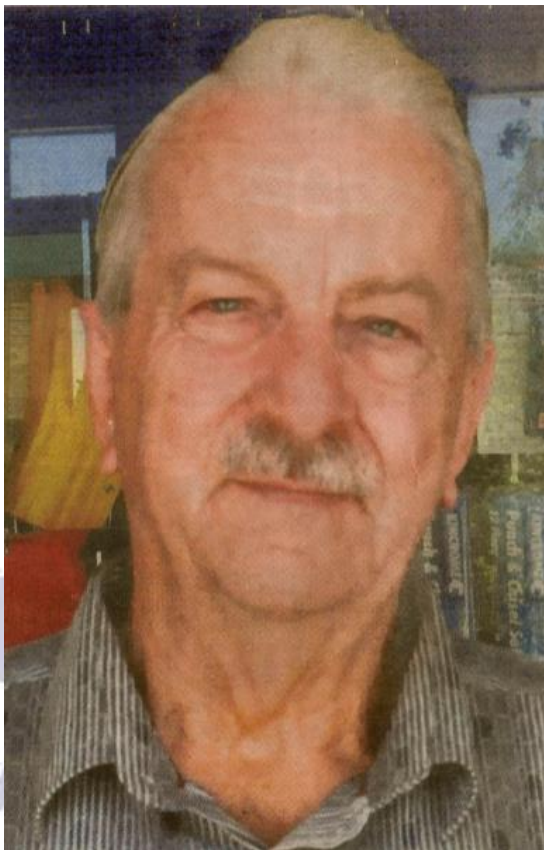
Hervey Bay Queensland August 2020

Norm Barrett 0414 342819

normbarrett@bigpond.com.au



Congratulations.



Two Seymour residents were awarded the Medal of the Order of Australia (OAM) in this year's Australia Day Awards. John Jennings received his OAM for services to the community while John Phoenix was recognised for his service to veterans and their families. Both men have dedicated themselves to the Seymour community. One thing they share is a humility towards being singled out for their contributions. They both believe they are individuals who are members of groups trying to make things better for Seymour.

Congratulations to both John Phoenix and John Jennings for this great achievement.

Membership Report

Reminder to those members who are yet to pay their 2018-2019 Membership fees that your **FEES** are now well overdue.

For **EASE** of remittance, could we ask please that all peoples that do pay their fees, **PLEASE ENSURE** that you put your **NAME** down in the **reference** section for online payments, and also advise Alan Rogers of payment so as he can allocate payments received to valid memberships.

In order that your Association may remain viable it would be appreciated if you can forward your overdue fees;

EFT to raeme.assn.vic@bigpond.com or Post to Membership Officer PO Box 2118 Fountain Gate 3805

Without the Annual fee it becomes difficult for the Association Treasurer to meet the financial commitment of the Association.

Alan Rogers

Arte et Marte

Please follow the EFT details as noted BELOW.

This the only way I know that you have paid your Annual Fees

Please advise Membership Officer of **EFT Payment Details**

Name_____ Membership No_____

e-mail to; raeme.assn.vic@bigpond.com

PO Box 2118 Fountain Gate 3805

EFT to Bank a/c at - NAB; BSB: 083 547 Account No: 28634 9442

I continue to remain on Committee as Membership Officer so members can look forward to the many e-mails that I sent as Secretary to continue if only to extract you hard earned cash to keep the Treasurer happy.

I have also offered to continue the distribution of our newsletter 'The Lightning Flash and organise our Shrine Remembrance Day.

Alan Rogers

Arte et Marte



Royal Australian Electrical Mechanical Engineers Association (Vic) Inc. Annual Shrine Remembrance Day

Sunday 10th March 2019

Sanctuary & RAEME Tree Service 1200hrs
Light Lunch from 1300hrs

A Short Service and Wreath Laying in the Sanctuary followed by a Remembrance Service at the RAEME Tree

All Serving; Retired Members of the Corps, Relatives,
Friends & Children are invited to attend this day

A most important day to Honour our RAEME mates who are no longer with us

Light Refreshments will be Available after the Service. Cost of \$10-00 P/h

For Catering Purposes
RSVP to Alan Rogers by 20th February 2019
PO Box 2118 Fountain Gate 3805
P/No 9704 6700 e-mail; raeme.assn.vic@bigpond.com



I Will/Won't _____ be attending the Service

I Will/Won't be attending for Light Refreshments

No of Guests _____ for Light Refreshments

Enclosed is my Cheque /Money Order for \$_____ Payable to RAEME Assn (Vic) INC

Please forward your Cheque / Money Order payment to PO Box 2118 Fountain Gate 3805

EFT to Bank a/c at - NAB; BSB: 083 547 Account No: 28634 9442

Record as - RAEME (Vic) Shrine 2019

Please advise your EFT payment details to raeme.assn.vic@bigpond.com

**AGAIN, if payment is via online, please attach name in the reference and/or advise Alan
ASAP via the above email.**

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ARTICLES FOR PUBLICATION

This Newsletter is produced by the members, for the members, and is not to be solely one-way communication.

DISCLAIMER

The views and articles expressed herein do not necessarily reflect the policy and views, official or otherwise, of this Association.

webmaster@vic.raeme.org.au

Shared Communications.

Welcome to the Army Museum of South Australia



<https://amosa.org.au/>



<https://mailchi.mp/shrine/whats-on-at-the-shrine-in-december>

Community Involvement.

Pictured are both Alan Rogers and Michael Newbond, helping raise funds for Remembrance Day November 2018.

Both gentlemen are Life Members of the RAEME Association of VICTORIA.

RAEME and CAV Future Capabilities

Plan Centaur

Addressing maintenance constraints within the Armoured Cavalry Regiments (ACR) is the initial focus of Plan Centaur – the most comprehensive and significant improvement program in 30 years to consider the way RAEME may deliver maintenance to Army in the future.

With Phase 2 of the program now underway, work has concentrated on gathering data that will inform a clear understanding of all maintenance-related constraints, issues and interdependencies. Work Streams include:

- A detailed workforce and work practices analysis;
- A review of deployed maintenance structures and lines of maintenance support;
- An examination of actual demand and vehicle usage;
- An evaluation of supply chain practices and procedures; and
- An analysis of maintenance outcomes and root causes of identified issues.

Two “quick wins” projects are also included as part of the Phase 2 program of work, including a “lean” process improvement project at 2 Cav Regt Wksp in Townsville.

The data and issues identified during Phase 2 will be presented at a major stakeholder collaboration event in Darwin in April, where potential solutions will be identified and evaluated by the maintenance community prior to the preparation of business cases for approval by the Army Capability Resource Management Committee. Outcomes of Plan Centaur will also be suitable for other elements of the Combat Brigades.

Plan Centaur’s Director General, BRIG David McGahey, said that it is vital that the Land Materiel maintenance workforce and the extended maintenance community get involved with the program.

“RAEME Corps in particular has a vested interest in getting this reform right,” BRIG McGahey said. “Centaur presents a critical opportunity for the maintenance community to shape its future.”

“We need everyone’s input to make sure that Centaur delivers the most effective maintenance capability to support the modernised Army,” BRIG McGahey said.

<https://www.cove.org.au/adaptation/article-with-skill-and-fighting-an-article-about-future-maintenance-in-the-australian-army/>



History of the Rising Sun.

<https://www.army.gov.au/our-history/traditions/the-rising-sun-badge>

THE RISING SUN BADGE



Proudly worn by soldiers of the 1st and 2nd Australian Imperial Forces in both World Wars, the 'Rising Sun' badge has become an integral part of Digger tradition. The distinctive shape, worn on the upturned brim of a slouch hat, is readily identified with the spirit of ANZAC. Yet despite the badge's historic significance, well researched theories as to its origin are more numerous than its seven points.

The **First Pattern** - February 1902

During this time, a badge was urgently sought for the Australian contingents raised after Federation for service in South Africa during the South African (Second Boer) War. The most widely accepted version of the origin of this badge is the one that attributes the selection of its design to a British Officer, Major General Sir Edward Hutton, the newly appointed Commander-in-Chief of the Australian Forces.

Hutton had earlier received as a gift from Brigadier General Joseph Gordon, a military acquaintance of long standing, a 'Trophy-of-Arms' composed of mounted cut and thrust swords and triangular Martini-Henry bayonets that were arranged in a semi-circle around the Crown. To General Hutton, the shield was symbolic of the cooperation between the naval and military forces of the Empire.

The **second pattern** (1902) badge added a scroll with the words 'Commonwealth Horse' and changing 'Australia' to 'Australian'. This badge was a modified version for the Commonwealth Horse.

The **third pattern** (1904) Rising Sun badge carried a scroll inscribed with the words 'Australian Commonwealth Military Forces' and was worn throughout both World Wars. There were, however, a number of variations of the badge; a special version was struck for the coronation of King Edward VII in 1902 and there were badges of the Commonwealth Horse and the Australian Instructional Corps, each with its respective title on the scrolls. This pattern badge formed the template for all subsequent General Service badges.

Corps and regimental badges were reintroduced into the Army and the inscription on the scroll was changed to 'Australian Military Forces'. (1949) **4th**

The **fifth** (1954) pattern badge substituted the Imperial State Crown with the St Edwards Crown. It was approved in 1954 and issued in 1966.

The badge went through another alteration, with the introduction of the Federation Star above a heraldic wreath and the inscription was once again changed to read 'Australia'. However, this design was never fully issued. **6th**. (1969).

The current **7th** (1991) design was produced with 'The Australian Army' on the scroll and the removal of the Federation Star and heraldic wreath.

The Rising Sun Badge was originally called the General Service Badge, but it is now officially labelled the Australian Army Badge. It will, however, always be referred to as the Rising Sun Badge.

Heraldry and tradition should be considered when producing material for Army.

THE AGEING EYE

Many of us are aware of the deterioration of our eyesight as we begin to age. Most individuals over the age of 50 require reading glasses as the lenses in our eyes stiffen and lose their ability to change shape to focus on near objects. This deterioration in vision is called presbyopia and is not a disease but just a reflection of ageing. Fortunately, it is easily remedied with reading glasses.

A common condition affecting the eyes as we age is cataract. In this condition, the lenses in the eyes lose their transparency and gradually become opaque. Vision becomes dimmer and it is sometimes described as 'like looking through tissue paper'. Cataract surgery has now become quite sophisticated and the

Many individuals can often get by with minimal correction after cataract replacement surgery while a few are fortunate enough to not need any glasses at all.

cataracts can be removed through a very small incision in the eye and a replacement intraocular lens inserted through the same incision. Preoperative measurement of the eye will allow a lens with the appropriate correction to be inserted. Many individuals can often get by with minimal correction after cataract replacement surgery while

a few are fortunate enough to not need any glasses at all.

In recent years, laser-assisted cataract surgery has been introduced but unfortunately the high expectation of better outcomes compared to usual surgery have not been shown. So there is no justification for spending a few hundred dollars more for laser-assisted cataract surgery.

Prevention of cataract is still important by avoiding ultraviolet light. Wearing of hats and sunglasses is now recommended to protect the eyes, even for children.

Another eye disease associated with ageing is called age-related macular degeneration (ARMD). The macula is the part of the retina at the back of the eye, which is used for best or central vision.

We use peripheral vision mainly to identify moving objects and then look at fine detail with our good central vision such as when reading, writing, watching television and recognising faces. ARMD is now the most

common cause of permanent visual loss in Australia. It usually appears as: a gradual decline in the ability to see objects clearly; distorted vision; dark or empty spaces blocking the central field of vision; and dimming of colour vision.

ARMD affects one in seven Australians over the age of 50 and increases with age, affecting nearly

one in five people over 85. It is about three times more common in smokers and appears at an earlier age. Ceasing smoking for 20 years reduces this risk to about normal. The associated visual impairment affects healthy and independent aging and is associated with a risk of falls, depression, hip fractures, and earlier admission to nursing homes.

'Wet' ARMD is twice as common as the 'dry' type and is associated with an increase in new blood vessels in the retina. These can leak or bleed, destroying the cells in the retina. The exciting news about macular degeneration is that the injection treatment developed a decade ago now appears to stop or reduce the progression of the 'wet' form of this disease. The injections into the eye reduce the growth of new blood vessels. The treatment is now widely available and is listed on the Medicare Benefits Schedule. This has been one of the most exciting developments in preventing blindness in recent years.

The sooner ARMD is detected, the better the outcome, so we recommend regular eye checks.

Dr Warren K Harrex
DVA Medical Adviser



ARTICLES FOR PUBLICATION

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Let's hear from you!

Deadline for next Newsletter – TBC.....

Items to Morgan Cornelius:

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